

2023

NEWSLETTER

Q3



www.alcoholrecoverycenteroflubbock.com

Alcoholic Recovery Center of Lubbock, Inc.

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Around the House

Kelly B. is in the spotlight this quarter. He has been with us for four months now, having had only a couple of days sober when he joined us. Kelly is predominately an alcoholic, but has had problems with drugs as well. He says, “I would switch it up randomly, substituting one addiction for another, but it would always start and end with alcohol.” Before Kelly came to the ARC he says, “I was living in my car, was having suicidal ideations, and was hopeless. But I made the decision to give life one more shot. That is when I came to the ARC.” Kelly has been familiar with the ARC since at least 2009, when CRTC took their clients to our Friday night meetings. He has struggled with alcohol

and drugs for quite a while, noting that his drinking career was already out of control in high school. He says that having gone through the Steps before and seeing how it worked for others made it easier. “I knew it worked because I had seen it. I was willing to let it happen again.” He says that this time is different, though, because “I have a better relationship with God. I have never felt it that strong before. Being at the ARC also helps, especially because of the structure.” He says he is very happy with where he is at right now. He adds, “I like just being a functional member of society, I like the stability, and I like getting my debts paid off.” His advice to the newcomer is “Get a good sponsor, someone that you can *see* working a good program, rather than just talk.” -Matt R

Alcoholic Recovery Center

YOU ARE INVITED...

TO A

Gratitude Dinner

SUNDAY, NOVEMBER 5TH, 2023

3PM-6PM

SPEAKER, LIVE AUCTION, TURKEY, HAM, & ALL
THE TRIMMINGS!

TICKETS \$20

ON SALE NOW

-PLEASE COME & HELP US KEEP THE DOORS OPEN ANOTHER 50 YEARS-



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