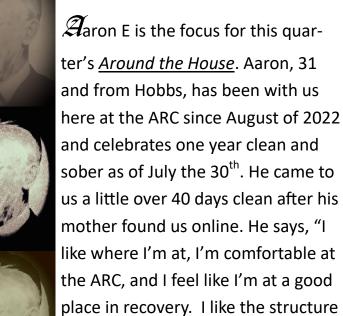
Q2: April, May, June, 2023

ound the

Alcoholic Recovery Center

touse









independent needs." Aaron started early in his drinking and using career. He was 12 when he began smoking marijuana and 14 when he started drinking. "I was a purist at first, smoking weed only, but eventually I broke my own rule. After that, the two were always coupled together, and I couldn't go to

sleep without alcohol." He says

here and it's pretty straight up if you

follow the rules and take care of your

Alcoholic Recovery Center of Lubbock, Inc.

Alcoholic Recovery Center of Lubbock, Inc. (806)762-5626 arclubbock@outlook.com Donations: P.O. Box 1084 Lubbock, TX 79408-1084

things began to progress. I went to live with my father in a camper in the middle of nowhere and we began drinking together... it was a bad situation. It got to the point where my family didn't want to leave me alone for fear of what I might do or the alcohol I would take."

Aaron says his personal life is good now. With his family, "They still think I'm maybe a little 'crazy,' and don't FULLY trust me, but we are working on it. I am welcome at their house now, and they don't worry that I'm going to drink all their alcohol. They are proud of me." Additionally, Aaron has changed his priorities. He is saving money for a deposit on a car and an apartment, working, sticking to structure and is enjoying working out and playing video games sober. He says he has worked the Steps with his sponsor in Hobbs, and is still making amends.

He was kicked out of another local sober living three times, but this time he has no reservations. "I no longer have ideas like I can still drink. I have learned that I have to be honest with myself. At first I didn't really want recovery, but have learned you really DO have to want it, and I do. It's not like I'm doing it because I HAVE to. It's different this time because I am focused. I am able now to do things that don't revolve around alcohol."

Twelve Step House Meetings...

<u>MOMORY 7PM-</u> "Big Book" Study <u>Thursday 7 PM</u>- Daily Reflections <u>Friday 7:30PM</u>- Speaker Meetings (The last Friday of the month is Birthday Night!)

Board of Directors

2023:

President– Dwayne McInroe Vice President– Jack Wood Secretary– Christie Loper Vicki Winegeart Mamie Hurt Michael Artz Heather Craig

-Matt R

" \mathfrak{J} no longer have ideas like I can still drink. I have learned that I have to be honest with myself... It's not like I'm doing it because I HAVE to. It's different this time because I am focused. I am able now to do things that don't revolve around alcohol."



ARC Staff:

House Manager- Matt R Night Manager- Grant W Cook: Bobby L Saturday Day Man- Jon M Sunday Day Man- JD

